



### The Baby Signs® Program

Babies have a lot to say even before they can actually speak. With the Baby Signs Program®, babies and toddlers can communicate using simple, easy-to-learn signs – what they see, what they need and even how they feel.

Over two decades of scientific research, much of it funded by the National Institutes of Health, has shown that the Baby Signs® Program will:

- Make you and your baby happier
- Help your baby feel more confident
- Help your baby learn to talk sooner
- Boost your baby's intellectual development

Courtney Della Pelle

Independent Certified Instructor  
(978) 604-6146

Email: [babysignswithcourtney@gmail.com](mailto:babysignswithcourtney@gmail.com)  
Instagram: [@babysignswithcourtney](https://www.instagram.com/babysignswithcourtney)

**COURTNEY DELLA PELLE**  
INDEPENDENT CERTIFIED INSTRUCTOR  
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## BABY SIGNS® with Courtney

### Sign, Say & Play® Classes



world's leading sign  
language program for  
babies

## Sign, Say & Play® Curriculum

Each week will introduce a new theme. Within that theme you will learn 6-7 signs. The stimulating activities, songs, play, and information introduced will all support learning the signs. Each week you will receive a handout that explains that week's Baby Signs® and Baby Minds® Tips given about language and cognitive development along with the signs learned and words to the songs taught. The SS&P® Curriculum is dedicated to:

- Following the child's lead
- Operating within the child's "Zone of Proximal Development"
- Providing multi-sensory learning experiences
- Appreciating both language comprehension and production
- Taking advantage of the power of repetition

## Sign, Say, & Play® Outline

### Week 1: Feelings

Baby Signs® Topic: The "What," "Why," & "How" of the Baby Signs® Program

Baby Minds® Topic: Value of Pretend Play as a Symbolic Activity

### Week 2: Mealtime

Baby Signs® Topic: Choosing Signs to teach Babies

Baby Minds® Topic: Value of Pretend Play as a Vocabulary-Rich Activity

### Week 3: Bath Time

Baby Signs® Topic: Comprehending and Eliciting Sign from Babies

Baby Minds® Topic: Importance of Following a Child's Lead

### Week 4: Bedtime

Baby Signs® Topic: Waiting for Signs: Individual Differences

Baby Minds® Topic: Important Role of Language Comprehension



The Sign, Say & Play® curriculum is a 4-week program of carefully crafted sequenced sessions developed especially for parents and babies. By embedding the learning of signs in activities that promote cognitive, social, language, literacy, and sensory-motor development more generally, we are able to teach parents specific ways to provide the support in these areas that all babies need to make the most of their critical first three years.